

FIFTH AVENUE ENT
ALEXA S. LESSOW, M.D.
Otolaryngology-Head and Neck Surgery
Rhinology, Sinus and Nasal Surgery
1049 Fifth Avenue, Suite 1A
New York, NY 10028
(212) 861-1961
Fax: (212) 861-0561

Instructions Before Your Allergy Test

1. Your appointment will be approximately 30 minutes. Please wear comfortable, loose clothing, and a short sleeve top (under other clothes if need be) as the testing will be on the upper and lower arms.

2. MEDICATIONS THAT WOULD PREVENT YOU FROM SAFELY GETTING SKIN ALLERGY TESTING

If you are taking medication for *high blood pressure* or are being treated for a *cardiac problem*, you may not be able to get skin allergy testing (The medication to treat an allergic reaction may not be effective). Please make sure the office is aware of every medication and supplement you are currently taking, prior to scheduling your allergy test.

IF YOU ARE TAKING ANY OF THE FOLLOWING, YOU SHOULD NOT HAVE SKIN ALLERGY TESTING:

BETA-BLOCKERS: Propranolol-Inderal, Long-acting Propranolol-Inderal LA, Nadolol-Corgard, Timolol-Blocardren, Metoprolol-Lopressor-Toprol XL, Atenolol-Tenormin, Acebutolol-Sectral, Pindolol-Visken, Labetolol-Trandate-Normodyne, Penbutalol-Levatol, Esmalol-Brevibloc, Carvedilol-Coreg, Carteolol-Cartrol, Bisoprolol-Zebeta, Betaxolol-Kerlone, Sotalol-Betapace-BetaCardone-Sotacort, Atomoxetine-Staterra

BETA-BLOCKER EYE DROPS: Betopic, Betopic S, Ocupress, Teoptic, Betagan, AK Beta, Optipranolol, Timoptic, Timopptic XE, Cosopt

BETA-BLOCKERS with DIURETICS: Corzide, Inderide, Inderide LA, Lopressor HCT, Tenoretic, Timolide, Ziac

ALPHA/BETA ADRENERGIC BLOCKERS: Labetolol-Trandate-Normodyne

3. MEDICATIONS TO STOP BEFORE ALLERGY SKIN TESTING (that you may resume after the test):

Stop 5 days before scheduled allergy test (for ex: Test is 6/15/17, do not take meds starting 6/10/17)

- **Antihistamine Topical Medications:** Azelastine spray, Astelin spray, Astepro spray, Dymista, Patanase spray
- **Antihistamine Oral Medications:** Zyrtec(Cetirizine), Xyzal (Levocetirizine), Allegra(Fexofenadine), Benadryl (Diphenhydramine), Claritin/Alavert (Loratadine)

Stop 1 day before scheduled allergy test

- Singulair (Montelukast)
- Zantac (Ranitidine), Pepcid (famotidine), Tagamet (cimetidine), Axid (nizatidine)

4. SOME ANTIDEPRESSANTS CAN ACT LIKE AN ANTIHISTAMINE. Please let the doctor and/or the office know if you are taking any prescription medication for depression. (EX: amitriptyline, anafranil, doxepin, imipramine, trazadone)

***You may continue to take topical steroid nasal sprays (EX: Flonase, Nasonex, Rhinocort).**

Cancellation Policy: Due to blocked time needed for testing, last minute cancellations lead to time that can no longer be given to another patient. We ask that you plan carefully to give yourself enough time to prepare for the allergy test. Please note that we reserve the right to charge a cancellation fee of \$250.00 if we are not notified of the cancellation 24 hours prior to your scheduled test.